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To Whom It May Concern:

Regarding: Application for Health Insurance Coverage

This letter is in support of an application for extended health insurance coverage for psychotherapy that I am currently providing. I would ask you to consider the eligibility of this claim.

My primary certifications are as a **Registered Marriage and Family Therapist (RMFT)** with the Canadian Association of Marriage and Family Therapy (CAMFT); and, a **Certified Canadian Counselor (CCC)** with the Canadian Counseling and Psychotherapy Association (CCPA), and respective regional affiliates. My clinical training has prepared me to work systemically with a wide range of individual and relational issues, creating healthier relationships. These certifications are recognized and accepted throughout Canada, at Federal and Provincial levels, and are considered acceptable for extended health insurance claims for many Private Health Service plans within and outside of the province of Manitoba. I am also affiliated with and maintain membership with other therapy organizations reflecting the range of my therapeutic work/experience/training.

I provide **family, couple/union and individual therapy** and am aware of the following progressive companies who have Marriage and Family Therapists (MFTs) and Certified Canadian Counselors (CCCs) as **direct providers for mental health services**, including Employee Assistance Programs (EAPs) for their clients. This list is not exhaustive, and with growing COVID-19 mental health challenges, the list of companies recognizing the value of my certifications is growing rapidly. I recommend telephoning and speaking directly to your insurance provider to verify your eligibility.

Sunlife Health Insurance (plan is across Canada); Medavie Blue Cross; Blue Cross; Sure Health; Equitable Life & Health; Quickcard; London Life; Canada Life; Green Shield; The Personnel; SSQ; RWAM Insurance; and, Coughlin & Associates.

Again the purpose of this letter is to request that your company (if not already on the above list) to consider the provision of my services as part of the claims process for the client forwarding this information. It will definitely help the client to be able to obtain/continue to use my services for overall increased positive mental health.

Should you have any further questions please contact me directly at 204-509-8800.

Sincerely,

Murielle Jennings, MMFT, CCC, RMFT

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